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Orthopedic experience of therapy by DMSO – short descriptions

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Abstract

2/ Clinical symptoms in the situation of blood circulation disturbances in lower extremities. It is a problem with older people. Clinically – pain in the feet, especially in toes – mostly in big toes. The problem of pain is mostly in the night – mostly in the second part of the night. The feet are cold, the colour of skin changes – mostly in the big toes – it is dark, brown. In extreme cases – this blood circulation disturbances are the cause of amputation of the legs. Here we inform – (taken from Internet) - every year in Poland there are 30.000 limb amputations for vascular reasons. In England — 25.000. In the Czech Republic 12.000. DMSO protects limbs from amputation.

3/ How to use DMSO [Di Methyl Sulfo Oxygenium (Oxide)] - in the form – of a liquid on the legs. a/ Dilute half of DMSO and half with water. b/ Apply this liquid on the skin of your feet, toes, shins and knees. c/ Do not spill on your clothes until the liquid is absorbed into the tissues - approximately 20 - 30 minutes. d/ DMSO in the vessels/capillaries dissolves cholesterol and atherosclerotic deposits - it opens the vessels. e/ Returns normal blood circulation. f/ Circulation in the limbs returns – no more pain problems, no danger of amputation.

4/ How to use DMSO [Di Methyl Sulfo Oxygenium (Oxide)] – to make blood circulation better in the brain. Add DMSO - two or three small teaspoons to water in a plastic bottle – together with IRIGASIN salt [this salt is for the sinuses – known to all doctors in all countries – (the plastic bottle you can buy in a Chemistry)]. Mix and shake the water with IRIGASIN and with DMSO. Put cannula to the hole of the nose - press the bottle - allow the incoming mixture to flow / existing flowing through sinuses. From the sinuses to the brain vessels is a short distance. Now this will not be only a healing effect on the sinuses by / through IRIGASIN - but - DMSO - from the paranasal sinuses is absorbed into the brain vessels - it restores circulation – there will be no stroke. Please remember - Cerebral incidents - strokes, Parkinson's, Alzheimer's - USA 795.000 people annually, UK 100.000 people, Poland stroke - 70.000 and Parkinson - 90.000 people.

5/ Prophylaxis / therapy of Internal intestinal illnesses. Prescription of using: **a/** Half a glass of mineral water + Turmeric (in Polish KURKUMA) - buy at a grocery store, **b/** add a pinch of peppers, **c/** add a teaspoon or half a teaspoon of honey, **d/** squeeze a whole lemon (in Polish *cytryna*) / into a glass of water. **e/** Mix. Drink. **f/** Regulates the digestive tract. Anti-cancer effect, anti-sclerotic effect.

6/ Discussion and Conclusion. Using DMSO for therapy or prophylaxis of orthopaedic and neurology illnesses and dysfunctions is for us (Authors) known only for 2 years (the information came from an American citizen coming to Lublin Mr. Krzysztof W.). In Poland this was unknown till now (many - T. Karski - phone discussions with Colleagues in Warsaw, Poznań, Białystok, Kraków, Lublin – they never listened about DMSO). This – DMSO method of prophylaxis we use for us (Authors) personally and - plus - only for some patients coming to our Out-Patients Clinic. Our personal experiences (2 years) have shown – that DMSO for the legs and the brain have given very positive results.

Text for translation prepared by Prof. Tomasz Karski and Dr Jacek Karski – on material of the Internet and on the **Book of Dr Hartmut P. A. Fischer** (German doctor and scientist) – the original title of the Book “*Das DMSO – Handbuch: Verborgenes Heilwissen aus der Natur*”. The Book is translated into Polish by Katarzyna Jurczak.
The author's text of / about information of DMSO - translation from Polish into English – **Mr. David Poynton / UK / Lublin**

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